



# Strathmore 2021 ONLINE WORKSHOP SERIES

## EXPLORING MIXED MEDIA

with Shelly Kim



### LESSON 4: WEEKLY JOURNAL SPREAD

#### SUPPLIES:



Strathmore 500 Series Heavyweight Mixed Media 9x12" • 350lb / 570 gsm



Daler Rowney Aquafine Tube Paint 12 color set



Lyra Aqua Brush Duo Marker Black



Princeton Velvetouch brushes round 8 • flat shader 6 • wash 3/4"

#### Other supplies

Pencil, eraser, ruler, painter's tape, and cup of water



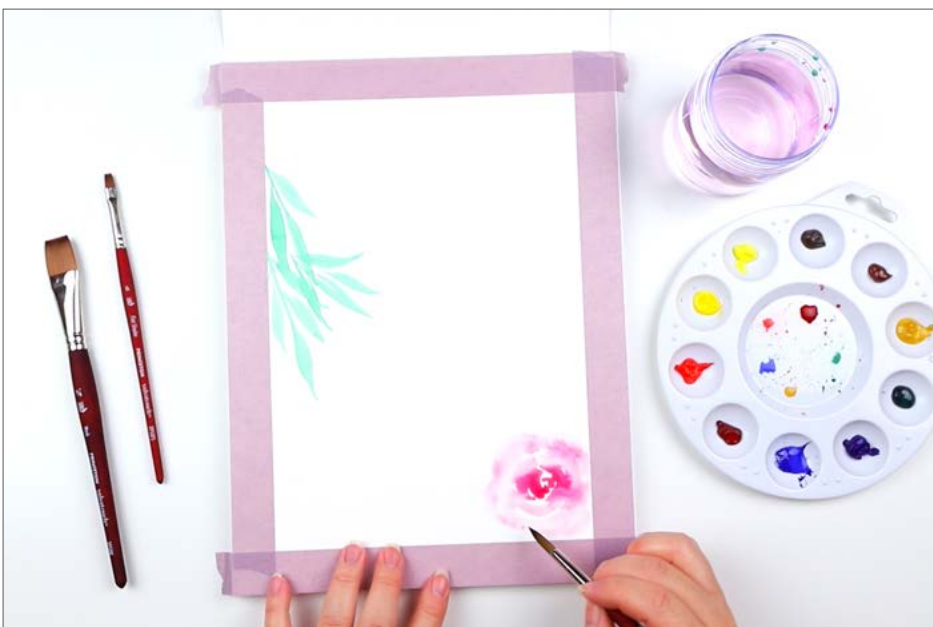
**FLORAL + LEAVES  
JOURNAL SPREAD**  
**STEP 1:**

Tape down the edges using painter's tape to create a border.



**STEP 2:**

Paint loose leaves (same ones from Lesson 1) on the left-hand side using the round brush.



**STEP 3:**

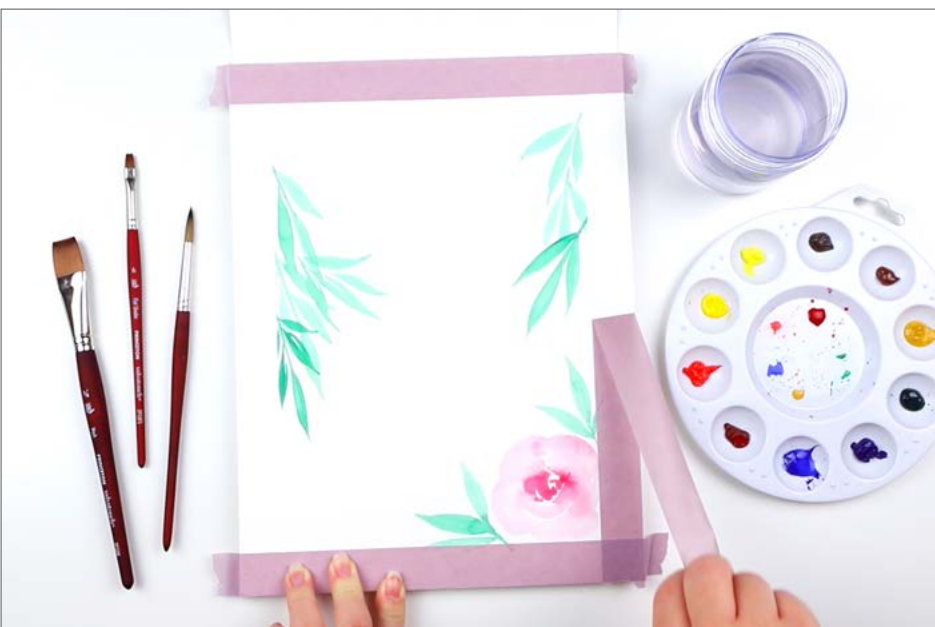
Paint a loose floral (same one from Lesson 2) on the bottom right-hand side.



**STEP 4:**  
Paint loose leaves  
around the floral.



**STEP 5:**  
Paint more loose leaves on  
the right-hand side.



**STEP 6:**  
After the paint has fully dried,  
remove the painter's tape.



**STEP 7:**

Using a pencil, sketch out your weekly journal spread layout. I wrote "May 2021" and then drew a total of 3 boxes.



**STEP 8:**

Afterwards, using a brush marker, hand letter your lettering and then outline the boxes. Feel free to reference the lettering practice sheet (located at the end) for some inspiration and guidance.



**STEP 9:**

Complete the boxes by writing "to do list", "goals", "notes", etc.



## COLORFUL ABSTRACT JOURNAL SPREAD

### STEP 1:

Paint fun and wavy brush strokes using the wash brush.



### STEP 2:

Add additional brush strokes (lines and dashes) using the flat shader brush.



### STEP 3:

Afterwards, using a pencil, sketch out your journal spread layout design and then use a brush marker to outline everything.



**STEP 4:**  
Complete the boxes by writing "Mon", "Tues", etc.



**FINAL PROJECT:**  
Yay, thank you so much for painting with me! I hope you had a fun time creating weekly journal spreads.

#Let'sCreateLetters

May 2021

goals goals

to do list

notes notes

goals goals

notes notes

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